



Proceeds Benefitting:  
Rutherford PBA #300,  
& The Ersalesi Scholarship  
Fund

Memorial Park  
Darwin Ave & Monona Ave  
Rutherford, NJ

www.RutherfordPBA5k.com  
www.facebook.com/RutherfordPBA5k

Sunday, October 22, 2017  
"6th Annual" 5k Run & 1 mile Walk

*Costumes Welcomed!*

**START & FINISH**

Monona Ave at Memorial Park

**SCHEDULE OF EVENTS**

- 7:45 AM – 9:45 AM - Check in & Registration
- 9:15 AM – Costume Contest Judging
- 9:45 AM – Zumba warmup with Dani!
- 10:00 AM – 5K Run begins
- 10:05 AM – 1 mile walk
- 11:00 AM – BBQ & Activities begin
- 11:30 AM – Awards Ceremony

**AWARDS**

- Monetary award for top 3 overall male & female
- Top 3 Male & Female per age group in 5 year Age Groups: \*14 & under, \*15 – 19, \*20 – 24, \*25 – 29, \*30 – 34, \*35 – 39, \*40 – 44, \*45 – 49, \*50 – 54, \*55 – 59, \*60 – 64, \*65 – 69, \*70 – 74, \*75 – 79, \*80+
- Emergency Services Division
- Best Adult Costume & Best Children's Costume

**COURSE**

Sanctioned and certified by USATF-NJ



**ENTRY FEES**

- Pre-registration: \$25
- Day of race: \$35
- USATF-NJ Members: \$20 (Day of Race: \$30)
- Police, Fire, EMS: \$20 (Day of Race: \$30)
- Family of 4-8: \$5 off each member
- \*Shirts and race packets while supplies last – Sign up early to make sure you get your desired size!**

**REGISTRATION**

**\*BY MAIL**

Tear off entry form at bottom, enclose check payable to "Rutherford PBA Local 300", and mail by October 15th, to:

RUTHERFORD PBA 300 5K  
PO BOX 182  
RUTHERFORD, NJ 07070

**\*ONLINE**

www.RutherfordPBA5k.com

**PRE-REGISTERED PACKET PICKUP**

Thursday, October 19, 2017  
Mason's Cellar, 5pm – 8:30pm  
23 Park Avenue, Rutherford  
(Parking lot in rear)



Any questions? Email us at: [RutherfordPBA5k@aol.com](mailto:RutherfordPBA5k@aol.com)

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_ Sex (Circle): M F Shirt Size (Circle): S M L XL XXL  
Youth Medium Youth Large

USATF-NJ # (if applicable): \_\_\_\_\_ Choose One: Walker  Runner

Indicate if Police Officer, Firefighter, or EMT: \_\_\_\_\_

**Waiver of Liability:** In consideration for the acceptance of my entry, I, on behalf of myself, my heir, my executors, administrators, and assignees, hereby release myself and discharge the Borough of Rutherford, Rutherford First Aid Ambulance Corps, Rutherford Police Department, Rutherford PBA 300, associated sponsors, volunteers, USA Track and Field, and all other sponsors or beneficiaries and their representatives, successors and assignees for all claims for damages and causes of action arising from or out of my participation in the RUTHERFORD PBA 5K RUN/WALK HALLOWEEN FOOT PURSUIT. I attest that I am physically fit for this event. I hereby certify that I have read all the terms and conditions of this release and intend to be legally bound thereby. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: (If under 18) \_\_\_\_\_